

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 70 years in the making.



January 1st 2026

Are you ready for 2026?



Wishing all members of the Queensland Race Walking Club a

Happy and safe New Year!

We hope everyone enjoyed the Christmas festivities and is feeling energised for the road walk season ahead. We look forward to seeing you all back in action for an amazing 2026 season. Let's achieve our goals and make it another year to remember.

Track races resume in January with a QA meet on the 11th and then on the 17th it is straight into Championships for our Masters athletes.

QA Shield Series #5: Glynis Nunn Shield

Sunday January 11th QSAC

2:00pm 3,000 metres

2:30pm 5,000 metres

17th January 2026 Saturday Main Track

7.30am **3000m Race Walk Championship**

9.50am 1 Mile Race Walk

Over in Spain they have two big road walk meets to start the years with distances up to the half marathon.

January 17th

Gran Premi de Marxa del Vendrell

5km,10km & Half Marathon Race Walk events

January 25th

XXXVII Gran Premio de Marcha Atlética Ciudad de Guadix

3km,5km,10km & Half Marathon Race Walk events

It is already looking like a big year ahead for race walking and we still have to add in our winter road walk programme, State and other carnivals to the mix.

| MONTH | DATE | EVENT | VENUE |
|-----------|-------|---------------------------------|---------------------|
| January | 17 | QMA 3,000 Metres Championships | QSAC |
| | 25-26 | AA 10,000 metres Track C/ships | Canberra |
| February | 21-22 | QMA Track Championships | SAF |
| | 21 | QA 10,000 metres Championships | QSAC |
| March | 6-9 | AMA National Championships | Canberra |
| | 15 | AA Half Marathon Championships | Adelaide |
| | 20-22 | QLAA State Championships | QSAC |
| April | 5 | Easter Sunday | No competition |
| | 12 | WA Race Walk Team C/Ships | Brazil |
| | 12-14 | ALAA Track Championships | Brisbane |
| | 15-20 | AA Junior Track Championships | Brisbane |
| | 22-24 | UniSport Championships | Runaway Bay |
| May | 11 | Mother's Day | No club competition |
| | 19-22 | Oceania Athletics Championships | Darwin |
| June | 8 | LBG Federation Meet | Mt Stromlo Canberra |
| July | 5 | Gold Coast Marathon | Southport |
| August | 8 | WA U20 Championships | Oregon USA |
| | 23 | AA Junior Road Walk C/Ships | Ballarat |
| September | 6 | Father's Day | No club competition |
| | 22 | WMA Outdoor Championships | South Korea |
| November | 8 | PPMG 10km Road Walk | Runaway Bay |
| December | 4-6 | AA All Schools Championships | Perth |

RESULTS RESULTS RESULTS

Queensland Masters Athletics

Saturday December 21st QSAC

800 Meter Race Walk

Kirwin, Roslyn 4:40.90

Dale, Joy 5:52.93

Bennett, Peter 4:53.02

McKinven, Noela 7:26.48

3000 Meter Race Walk

Kirwin, Roslyn 20:11.53

Gannon, Brenda 17:51.32

Dale, Joy 23:32.34

Bennett, Peter 19:50.71

McKinven, Noela 27:39.6

Queensland Athletics Track Season

January 11th QSAC 3,000/5,000 metres
January 17th QSAC 3,000/5,000 metres
February 21 QSAC 3,000 metre / 10,000 metres QA Championships
February 28th UQ 3,000 Metre Championships
March 7th QSAC 3,000/5,000 metres
March 25th QSAC 5,000 metres

Queensland Masters Athletics Track Season

17th January 2026 Saturday Main Track

7.30am **3000m Race Walk Championship**

9.50am 1 Mile Race Walk

24th January 2026 SAF*

9.40am 1500m Race Walk

31st January 2026 SAF*

7.30am 3000m Race Walk

9.55am 800m Race Walk

14th February 2026 Saturday, Venue SAF

9.00am 1500m Race Walk

15th February 2026 Sunday, Venue SAF

8.15am 3000m Race Walk

9.30am 800m Race Walk

Saturday 21st February 2026 - Track Events State Athletics Facility

QMA State Championships

9.00am **5000m Walk Championship**

Sunday – 22nd February

9.30am **1500m Walk Championship**

28th February 2026 Saturday, Venue SAF

8.10am 3000m Race Walk

2026 AA 10,000m Race Walking Championships & U20 AA 5,000 metre Championships – Supernova AIS Athletics Track, Bruce, Canberra, ACT

January 25th

8:15 am 10000m Race Walk Women Senior

9:25 am 5000m Race Walk Men U20

January 26th

8:15 am 10000m Race Walk Men Senior

9:15 am 5000m Race Walk Women U20

Entries [Roster Athletics · 2026 Supernova - Australian Championships & World Athletics Race Walking Tour Silver](#)

Australian Masters Athletics Championships Australian Institute of Sport, Leverrier Street, Bruce ACT March 6-9th 2026

Draft Walks Programme

Friday 6th 1,500 metres AIS track

Saturday 7th 5,000 metres AIS track

Monday 9th 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>

2026 AA Half Marathon Race Walking Championships

War Memorial Drive, Adelaide, South Australia

March 15th 2026

Details and entries to follow



WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
BRASILIA 26

World Athletics Race Walking Team Championships will be held in Brasilia, Brazil on 12 April 2026



| SUNDAY 12 APR 2026 | | |
|--------------------|-------------------------|-----|
| 7:00 | MARATHON RACE WALK | M/W |
| 7:30 | U20 10KM RACE WALK | M |
| 8:30 | U20 10KM RACE WALK | W |
| 11:05 | HALF MARATHON RACE WALK | M |
| 12:50 | HALF MARATHON RACE WALK | W |

Selection standards and policy on which Australian Athletics will select its representative team for the World Race Walking Team Championships in Brasilia, Brazil, 12 April 2026

| Men | Event | Women |
|--|-----------------|--|
| 43:00 at 10km or 10,000m | 10km (Under 20) | 50:00 at 10km or 10,000m |
| 1:26:00 at 20km or 1:31:30 at half marathon | Half Marathon | 1:36:00 at 20km or 1:42:00 at half marathon |
| 2:40:00 at 35km or 3:18:00 at marathon | Marathon | 2:58:00 at 35km or 3:40:00 at marathon |

The qualification period is:

| Events | Dates |
|---|--------------------------------|
| 10km, half marathon, marathon race walk | 1 January 2025 – 15 March 2026 |

All performances must be achieved during official competitions which must be sanctioned by World Athletics. A complete list of sanctioned competitions is available online. Performances on both the track and the road are accepted as qualifying performances. All performances accepted by World Athletics and appear in World Athletics lists as valid performances will be accepted by Australian Athletics.

A selection trial will be held for all events as per the table below:

| Events | Competition | Dates |
|-----------------------------------|---------------------------------------|------------------|
| Under 20 10km race walk | Specific Trial, Adelaide | 15 March 2026 |
| Senior half marathon race walk | Australian Championships, Adelaide | 15 March 2026 |
| Senior marathon race walk | Australian Championships, Canberra | 29 November 2025 |

2026 National Junior Athletics Championships QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates for the inaugural aligned athletics championships in Brisbane in 2026.

April 12 – 14: Australian Little Athletics Championships

Events on Offer

U12 athletes

- 1500m Walk

U13 athletes

- 1500m Walk

April 15 – 20: Australian Athletics Junior Championships

Thursday 16th April

10.00am 3000m Race Walk U14 Men

10.00am 3000m Race Walk U14 Women

5.25pm 5000m Race Walk U17 Women

5.25pm 5000m Race Walk U18 Women

Friday 17th April

11.15am 5000m Race Walk U17 Men

11.15am 5000m Race Walk U18 Men

Monday 20th April

10.55am 3000m Race Walk U15 Women

10.55am 3000m Race Walk U16 Women

11.45am 3000m Race Walk U15 Men

11.45am 3000m Race Walk U16 Men

LBG Walking Carnival 2026



The LBG Carnival will be held on Sunday 8 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete. No qualification standards, all ages, all abilities - U10- Masters. Individual, teams and handicap awards. The ACT Walkers Club & the Australian Federation of Race Walking Clubs will release full details shortly/

2026 Oceania Athletics Championships Darwin May 2026

Tuesday 19 May

10:25am Masters Men 3,000m Race Walk
Masters Women 3,000m Race Walk

Friday 22 May

7:00am Masters Women 5000m Racewalk
Under 18 Women 5000m Racewalk
Under 20 Women 5000m Racewalk
8:00am Masters Men 5000m Racewalk
Under 18 Men 5000m Racewalk
Under 20 Men 5000m Racewalk

<https://athletics-oceania.com/oceania-athletics-area-championships/>

Note:

The 10,000m Walk Oceania Championships will be conducted at a different venue and time, with further information to be provided to Federations in early 2026. The Open team will be operated by Australian Athletics, while the U18 team will be run by Queensland Athletics.

QRWC host of 10km walk 2026 Pan Pacific Masters Games

The Athletics – 10km Road Race Walk as part of the 2026 Pan Pacific Masters Games will be held on **Sunday November 8th** on the Luke Harrop Criterium cycling circuit at Runaway Bay starting at 7am.

Track and field events at these Games will be on Saturday 7th, Sunday 8th & Monday 9th

Entries Open 3 March 2026 (9am AEST - QLD time)

Games fee periods

\$140 Early Bird (3 March – 31 May 2026)

\$155 Saver (1 June – 31 August 2026)

\$170 Standard (from 1 September 2026)

Road Walk Age Requirements

- Age is determined as of Sunday 8th November 2026
- Minimum age for competition is 30 Years

10km Road Walk Sport Fees: \$30 per person

Road Walk Entries Close: Sunday 29th October 2026 (11:59PM AEST)

Important Masters Meets in 2026/27

2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

From the 1st July 2026 the only Australian uniform that you will be able to wear is the AMA Valour uniform. All athletes intending to compete at the World Champs in Daegu will need to have the Valour competition uniform.

AMA will be opening the Uniform Shop for orders in March /April and will have sample sizes at the Australian Championships for athletes to try on.

2027 OMA Championships

- Date: January 27 – 31, 2027
- Venue: Christchurch NZ

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA

QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025 – 30 SEPTEMBER 2026

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Rules of Race Walking

There are two basic rules in Race Walking: • *Contact: The athlete must never have both feet off the ground at once.* • *Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.*

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media P Chadwick

Results R Wales / N McKinven

Newsletter Editor: P. Bennett

Equipment Officer. Ignacio Jimenez & Noela McKinven

Canteen Convenor R Wales, J Dale

Blue Card Co-ordinator B Gannon

Club Captains: Phoebe Chadwick, Alex Bradley

Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 3 Performance coach

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 2 Development coach

Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club

racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.